

Sarina Stone is an internationally sought after speaker on the Taoist art of Sexual Alchemy. She has traveled the globe teaching women natural Breast Cancer prevention, hormone balancing, and Jade Egg pelvic diaphragm exercises. Her light hearted approach to combining Western and Eastern health has made her a global favorite at Universities and schools of higher learning. She is a multi-certified Universal Healing Tao instructor, Certified Massage Therapist, and author. For more information about Miss Stone see [www.SarinaStone.com](http://www.SarinaStone.com)

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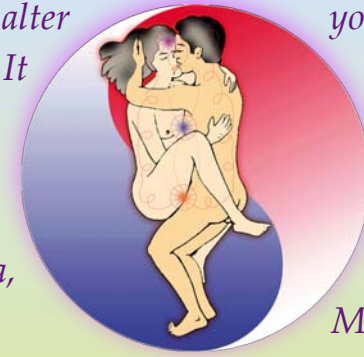


Dirk Al has studied Taoist Inner Alchemy under the direct supervision of Taoist Master Mantak Chia since 1989. After certifying as an Instructor in 1992, he taught Healing Tao workshops in Holland, specializing in Healing Love for Men and Women. Mr. Al has a Bachelors Degree in Western Philosophy and studied a variety of spiritual disciplines including Yoga, Sanskrit and Tibetan Buddhism. The culmination of his spiritual journey occurred in 2002, when he learned Vipassana Meditation with Thai monks. They brought him to a cave, where he spent 4 months in deep meditation, before starting a new life: first as a monk, then as a man who knows himself well.



**Retreat with Sarina Stone & Dirk Al  
The Tao of Sexual Alchemy  
Transforming Sexual Energy into Bliss, Health & Longevity**

*"...learn the Tao of Love, you are on the treshold of a new experience. That experience will alter your perceptions of your own body and mind. It will change the way you see your lover, and change your understanding of sex and love."*



*Master Mantak Chia,  
Orgasmic Man,  
and Multi-Orgasmic Couple*

*author of the Multi-  
Multi-Orgasmic Woman  
book series.*

*Please note that only exercises are taught: there is no sexual activity involved.*



**at the amazing Eco Resort  
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**22-28 August 2010 Lake Arenal, Costa Rica**  
<http://www.midwestuniversaltao.com/multiorgasmic-cr.html>